

Volleyball Rules 2025

1. **TEAM DISBANDMENT:** A team withdrawing will lose the entire team entry fee paid. If more than 2 weeks have been no call/no shows that team will forfeit their paid spot and will lose entry fee paid. 24-hour notice is required for a reschedule otherwise will be considered no call/ no show.
2. **ELGIBILITY:** Each player **must** be at least 18 years of age. No Exceptions. You are not allowed to play in the C Rec League at 6:00 and have a team in the B League at 7:00 or 8:00. You must decide if playing in a C or B League, no team is allowed to play in both. If you are playing in both as a team, you will forfeit all money and be kicked out of the league's
3. **NUMBER OF PLAYERS:** A maximum of 6 can play at one time. A team may play with a minimum of 4 players. You may not have 3 or more men than women on the court at the same time. Girl rule applies to this league.

Examples:

3 men, 3 women: GOOD
4 men, 2 women: NO
3 men, 2 women: GOOD
4 women: GOOD
1 man, 3 women: GOOD
2 men, 2 women: GOOD
3 men, 1 woman: NO
3 men, 2 women: GOOD

4. **DRINKING: NO OUTSIDE BEVERAGES** may be brought onto the premises. This rule will be strictly enforced. Any player or visitor violating this rule will be removed from the premises. Outside beverages include: Any beer, soda, liquor, or anything in cans, plastic or glass containers. **NO COOLERS. NO DRINKING IN THE PARKING LOT. NO Yetti's or Stanley's.**
5. **SMOKING:** Is allowed on entire sand area, but not on the actual courts.
6. **GRACE PERIOD:** We will allow a 5-minute grace period for each game. After a total of 15 minutes all 3 games are forfeited. This grace period is intended only for a team unable to place at least 2 players on the court. A team may forfeit the first game but may play games 2 and 3 as long as the minimum number of players are present.
7. **TIME LIMIT:** The time allotted for each match is ONE HOUR, if the one-hour time limit is reached and the game is not complete the final score will be taken even if the normal win by two formats has not been reached. Delay of game penalties will be enforced. If the event that both teams are late and show up before the allotted hour for game play has passed, then the games will then be played up until the time limit.
8. **POSTPONEMENTS:** The first two rain-out series will not be replayed. The third and subsequent rain-out series will be replayed at a time to be determined by ROOT RIVER. Unless there are lightning leagues will resume as normal in the rain. Root River will post an announcement on Leagueapps if there is a cancelation. At that time all captains will be responsible for notifying their team.
9. **PLAY OFFS:** In the case of a tie for first place seed will be decided by Root River. All teams will make the 2 week playoffs unless a team decides to pull out or there are an odd number of teams. During the playoffs no other

member from another team from the same night can sub, you must play with regular roster players.

10. **SPORTSMANSHIP:** Players of teams displaying unsportsmanlike conduct are liable to suspension. Root River has the authority to eject a player from a game or match. If a player uses poor language at another player repeatedly or makes physical contact with another player, they will face being banned from Root River Volleyball.

11. **INTERFERENCE:** A player may cross under the net as long as he or she does not interfere with the ball, a player, a play or contact the net.

12. **REPLAY:** Any ball or person moving onto the court from a different court will result in a replay.

13. **BOUNDARIES:** In addition to the standard court boundaries please note the following:

- a. The blue poles are considered out of bounds.
- b. A ball in play that hits a tree or other object shall be ruled out of bounds.
- c. A ball that travels onto another court while in play shall be ruled unplayable and out of bounds.
- d. In the case of a passerby or other person interfering with play, it shall be ruled player interference and the serve will be replayed.
- e. If a ball touches any part of the line it is inbounds.
- f. The wood dowels on the net are not an antenna. Teams will agree if the ball is out and if not agreed on then point will be replayed.

14. **CONDUCT:** Derogatory remarks which tend to influence the opponents play are not permitted and could result in an ejection from the game. Root River has authority to eject players that are displaying bad conduct. There is a ZERO tolerance for fighting. Both parties will be asked to leave the premises and both teams will forfeit the match points. Participants will not be allowed to return. If any participant or guests of a team is

being derogatory or unruly to any member of the Root River staff they will also be asked to leave and not able to return.

15. **SCORING:** The modern RALLY scoring method shall be used for game play. Games shall be played to **21** points with a 2-point advantage. A score of 25 shall be the cap even if a 2-point advantage has not been reached if case of a tie.
16. **SUBSTITUTIONS:** Except in the case for an injury, a sub can only enter the game after a side out, during the rotation, for the previous server when that player would rotate to the center back position.
17. **MULTIPLE CONTACT:** When the ball is played more than once by a team, at least one of the contacts must be made by a woman.
18. **SIMULTANEOUS CONTACT:** When a man and woman hit the ball at the same time, it will be considered hit by the woman.
19. **POSITION ON COURT:** Prior to the serve you must have man- women-man formation. Once the ball is served you can then move to any position to play once the ball is dead the proper formation must be done. No more than 2 men in front row at a time. If the male is in the serving position he can come up to the net and block but CAN NOT attack “spike”.

If there is a Rule not covered here Root Rivers league will also follow the NCAA Volleyball Rules. (When pertaining to double hits on sets, it is now legal according to the NCAA. And those are the rules we will be following.

CENTER RULES:

- Any team that has 2 no shows will be ejected from the league and forfeit entry fee.
- If a team wins all 3 games they will be awarded a free pitcher of miller lite, michelob ultra or a 1 topping medium pizza. This does not include forfeits and needs to be used the night of. There will be no upgrades.
- All players including subs will need to sign a waiver. All waivers must be signed electronically.

- There will be no play on Sunday May 25th or Monday May 26th. There will also be no play Thursday July 3rd.
- Absouletly NO pets are allowed in the Vollebally area.
- Feet MUST be rinsed prior to entering the building.
- NO Carry -ins of any sort are allowed.
- NO USE OF COURTS OUSIDE OF LEAGUE PLAY WITHOUT PERMISSION.
- All round tables are to stay under the pavilion. They are not to be moved.
- If it is raining games will still be played. Lighting is the only reason for cancelation. If the center decides to cancel due to weather an announcement or email will be sent to the captains. Do not call the center.
- All teams will be in playoff's unless there is an odd number of teams or you have contacted Tammy and are unable to play.
- Captains are required to record scores after play. Only 1 captain per match needs to record it. If scores haven't been recorded longer than 2 weeks forfeits will be listed for those teams.

Enjoy playing this year and if there are any questions or concerns, please contact Tammy at tammy@rootriverwi.com

Thank you!!